

# Your trip to Dominican Republic is just around the corner.

Along with a healthy dose of excitement, here's what you'll need to bring.



# **Clothing and accessories**

- Comfortable closed-toe shoes
- Water shoes (if doing water activities)
- Sandals
- O Long- and short-sleeved shirts
- Shorts
- O Pants/jeans
- Swimsuit
- O Socks and underwear
- Pajamas
- Raincoat/poncho
- Hat (for sun protection)
- Rash guard (to avoid skin irritation during water activities)
- O Reusable water bottle
- Flashlight
- Sunglasses
- Quick-dry towel

### **Toiletries**

- Toothbrush/toothpaste
- O Shampoo/conditioner
- O Soap
- Deodorant
- O Hairbrush/comb
- Sunscreen
- Bug spray
- Chapstick
- Electrolytes
- Medications (be sure to carry them with you on the plane and keep in original container as customs official may want to check container's contents match its label)
- Wet wipes or antibacterial hand sanitizer

### **Documents**

- Passport and a copy of passport (required to travel abroad)
- Visas (if applicable for non-U.S. citizens)
- Oppy of itinerary (including hotels, flights, and EF emergency number)
- Oppy of any necessary prescriptions
- List of contacts and addresses (to send postcards home!)

# Money

- The Dominican Republic's currency is the Dominican peso, but in some cases the U.S. dollar is also accepted (ATMs are infrequent, so bring what you think you'll need)
- ATM/debit card as back up (contact your bank prior to departure)
- O Pouch for storing money and passport

## **Travel tips:**

- ✓ Pack light—you'll be responsible for loading your own luggage on and off buses (one small carry-on and your EF backpack should be enough)
- Pack valuables, medications, and an extra change of clothes in your EF backpack as a carry-on
- ✓ Many airlines now charge for additional luggage